

TREE CLIMBING BYCYCLE

- (1) The long iron is for the right foot; if you place the iron upright on the ground you will see that the foot attachment is turned to the right slightly; short iron for the left foot.
- (2) To attach to the tree make sure that you have the same length strap on each iron (at the moment one is short, and one is long). If you are climbing small trees, use the short straps as this saves time when attaching the irons to the tree. The strap of the long leg iron is fitted above the strap of the short leg iron; do not pull the strap to tight as the iron will be on too much of an angle for comfort. Some practice on this just above ground level will show you how tight to adjust it.
- (3) Straps on the "foot" of the irons should be tight on the boots when adjusted ready to climb. Never climb with these straps loose as the foot may slip out and the iron will slide down the tree, leaving you with only one iron to use. If this happens? - do not go on up the tree; go back down, by wrapping your arms around the tree and work the single iron down the tree, which takes some practice.
- (4) When climbing the tree, keep your hand on the back of the tree with the thumb under the strap of the safety belt: sometimes this strap gets caught under the strap of the iron. Unless you have a strong right ankle you will have to lift the long right iron with your right hand, but when coming down the tree, with practice, the iron "shakes" down all right.
- (5) Parking. This can be done in two ways.
 - (A) by standing on the right iron (top one) and tightening the strap of the short iron (left one) as tight as you can get it and as close to the branches as you can.
 - (B) by carrying a short length of rope and slipping this down inside the bands of the irons, making sure that it is around both straps; bring the end back up outside, forming a loop, and tie the rope around the tree above the bottom branches.

- (6) Stepping out or in to the irons: On the side of the foot piece of each iron there is a quick release attachment; this lifts up and loosens the strap.

The Climbing Irons in the photo are slightly different to the one you will get, as they have steel bands and a spring attachment, yours has a webbing band.