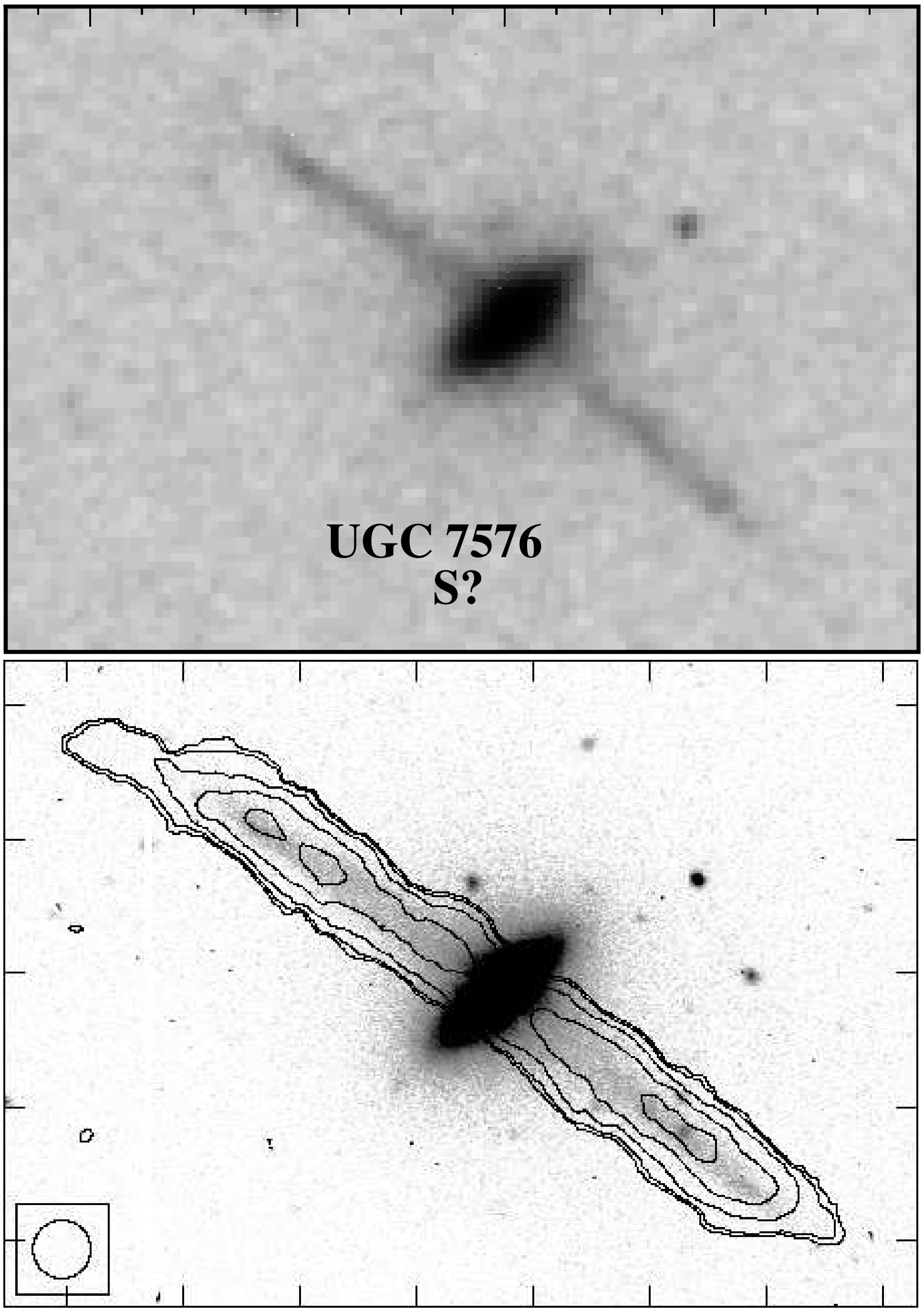

Figure 1. **The Polar Ring Galaxy UGC 7576**.
H I: VLA C-array, $10''$ resolution.
Optical: Top: DSS. Bottom: WIYN V-band image, FOV=$1.8' \times 1.3'$.
Reference: Cox, A.L., & Sparke, L.S. 1996, ASP Conf. Ser. 106, The Minnesota Lectures on Extragalactic Neutral Hydrogen, ed. E.D. Skillman (ASP, SF), 168.